

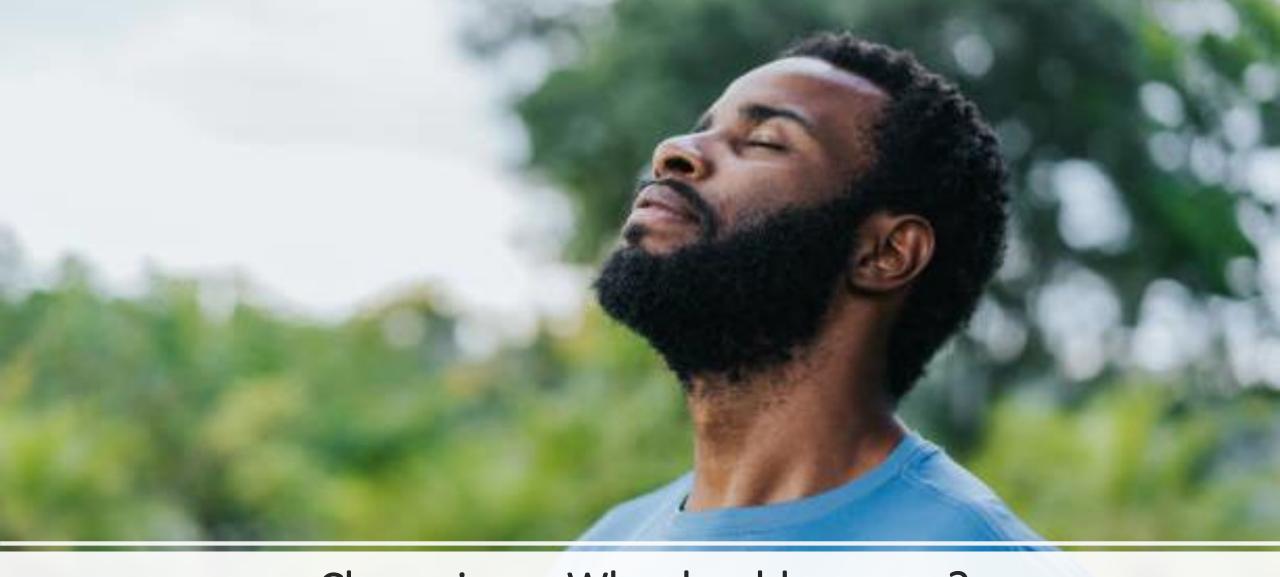
HVAC Systems: Assessing the HVAC System as part of your IAQ Investigation

Mr. Sean Chester

MPH: Occupational Hygiene, CM (Saiosh), ROH (SAIOH), Honorary Lecturer DOEH (UKZN); Founder: Apex Environmental Founder: GreenFlag Association

Founder: Apex Solutions





Clean air......Why should we care?







Contaminants!

The air we breath is as important as the food we eat and the water we drink.

Outdoor air is also indoor air!

Indoor air can be more polluted than outdoor air!

Air is a delivery system for disease





Finding it hard to breathe? Air quality in Joburg worst in the world, according to index

Alex Patrick









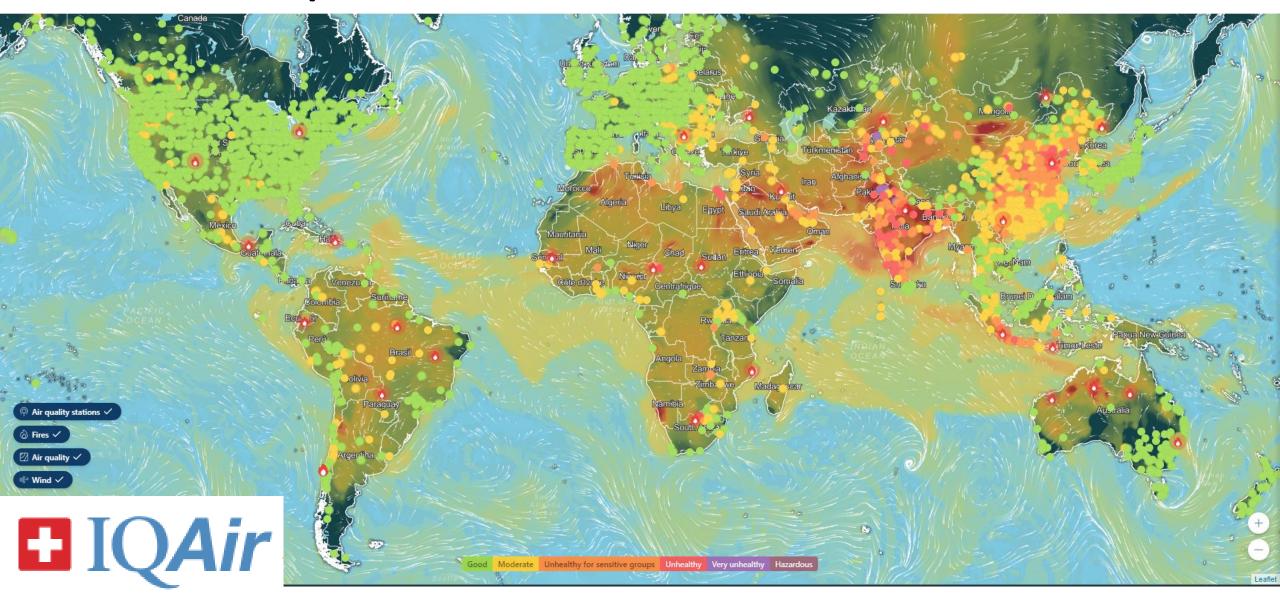
CLIMATE AND ENVIRONMENT

The hidden toll of air pollution on office workers





IQ Air outdoor pollution levels



Durban outdoor pollution levels (forecast)

Day	Pollution level			Weather	Temperature	Wind
Today	Moderate	53 AQI US		90%	20° 17°	► 18 k
Thursday, Nov 9	Good	36 AQI US	() () () () () () () () () ()	40%	19° 18°	10.8
Friday, Nov 10	Good	47 AQI US	(T) (P) (P) (P) (P) (P) (P) (P) (P) (P) (P		22° 17°	4 25.2
Saturday, Nov 11	Moderate	52 AQI US	(T)	<i>7</i> 0%	28° 18°	∢ 28.8
Sunday, Nov 12	Good	32 AQI US	(T) (T)	<i>7</i> 0%	20° 19°	32.4
Monday, Nov 13	Good	42 AQI US	() () () () () () () () () ()	<i>***</i> 80%	20° 17°	▶ 14.4
Tuesday, Nov 14	Good	27 AQI US		€ 60%	20° 17°	▼ 18 k



- The OHS Act (Section 8)
- Hazardous Biological Agents
 Regulations, 2022
- Environmental Regulations for Workplaces, 1987 Regulation 5 (Ventilation) of the
- National Building Regulations,
 Part O (SANS 10400)
- NEMAQA

STAATSKOERANT, 16 MAART 2022

No. 46051 3

GOVERNMENT NOTICES • GOEWERMENTSKENNISGEWINGS

DEPARTMENT OF EMPLOYMENT AND LABOUR

NO. R. 1887

16 March 2022

OCCUPATIONAL HEALTH AND SAFETY ACT, 1993

HAZARDOUS BIOLOGICAL AGENTS REGULATIONS, 20...

Scope of application

- 2. (1) Subject to sub regulation (2), these Regulations apply to every employer or self-employed person at a workplace where—
 - (a) an HBA is produced, processed, used, handled, stored or transported; or
 - (b) exposure to an HBA may occur.
- (2) Regulations 8, 14, 15, 16 and 17 do not apply to an employer or selfemployed person at a workplace where the exposure is restricted to a Group 1 HBA.

Orthomyxoviridae:		
Influenza (human)	2 (V)	
Severe acute respiratory syndrome-2 (SARS CoV2)	<mark>3</mark> *(V)	

Applicable Legislation: NEMAQA, 2004

3. NATIONAL AMBIENT AIR QUALITY STANDARD FOR PARTICULATE MATTER (PM_{2.5})

Avenaging) Parioti	Concentration	Frequency of Exceedence	Compliance Date	
24 hours	65 µg/m³	4	Immediate - 31 December 2015	
24 hours	40 µg/m³	4	1 January 2016 - 31 December 2029	
24 hours	25 µg/m³	4	1 January 2030	
1 year	25 µg/m³	0	Immediate - 31 December 2015	
1 year	20 µg/m³	0	1 January 2016 - 31 December 2029	
1 year 15 µg/m³ 0 1 January 2030				
The reference method for the determination of PM _{2.5} fraction of suspended particulate matter shall be EN 14907				

Draft Physical Agents Regulations

Table 4: Guideline levels for indoor air quality parameters.

IAQ Parameter	Level	Unit
Air temperature	20 to 28 (dry bulb temperature)	Degrees Celsius
Air velocity	0.1 to 0.8	meters per second (m/s)
Relative humidity	30 to 60	%
Carbon Dioxide	Not exceed the outdoor concentration by more than 600ppm	Parts per million (ppm)
Carbon Monoxide	10	mg/m ^o

Countries / Organizations incorporating CO_2 into their Ventilation Law and Guidance Documents

- USA, UK, Australia Denmark, Germany, Norway, Slovenia
- South Africa DEL Code of Practice: Managing Exposure to SARS-COV-2 in the Workplace
- WHO REHVA ASHRAE ILO



Standard 241, Control of Infectious Aerosols,



The Chartered Society for Worker Health Protection

CO2 Monitoring and COVID-19 – Some Basics

Covid-19 Guide on Ventilation and CO₂ monitoring



Ventilation and CO₂ measurements to combat airborne Covid-19 contamination

Airborne Pathogens

- Anthrax
- Aspergillosis
- Blastomycosis
- Chickenpox
- Adenovirus
- Enteroviruses
- Rotavirus
- Influenza
- Rhinovirus
- Neisseria meningitidis
- Streptococcus pneumoniae
- Legionellosis
- Measles

- Mumps
- Smallpox
- Cryptococcosis
- Tuberculosis
- Bordetella pertussis
- Severe acute respiratory syndrome (SARS)
- Middle East Respiratory Syndrome (MERS)
- SARS COV2 (COVID-19)

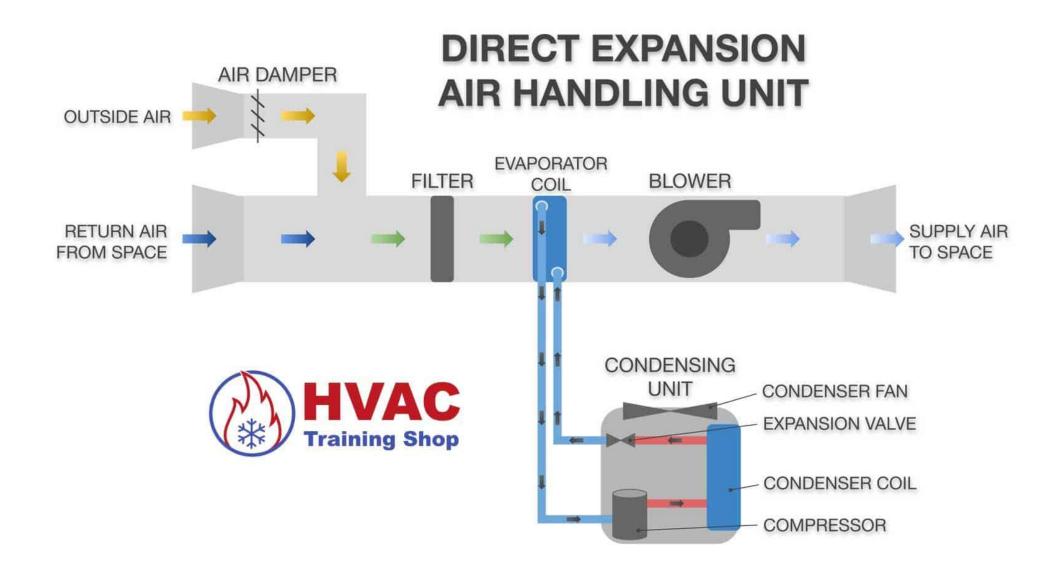
IAQ Criteria Chemicals & HBA

Paramet					
Pollutant Averaging Unit		Unit	Excellent Class	Good Class	
Carbon Diavida (CO.)	0 hour	mg/m ³	1,440	1,800	
Carbon Dioxide (CO ₂)	8-hour	ppmv	800 ^a	1,000 ^a	
Carbon Monoxide (CO)	8-hour	μg/m³	2,000 b	7,000 ^c	
Carbon Monoxide (CO)	o-nour	ppmv	1.7	6.1	
Respirable Suspended Particulates (PM ₁₀)	8-hour	μg/m³	20 ^d	100 ^d	
	8-hour	μg/m³	40 °	150 ^e	
Nitrogen Dioxide (NO ₂)	o-Houl	ppbv	21	80	
Willogen Bloxide (1402)	1-hour	μg/m³	100 °	200 ^c	
	1-nour	ppbv	53	106	
Ozone (O ₃)	8-hour	μg/m³	50 ^b	120 ^f	
O2011e (O3)		ppbv	25	61	
	8-hour	μg/m³	30 ^b	100 b	
Formaldehyde (HCHO)	o-noui	ppbv	24	81	
Torrididenyde (Herio)	30-minute	μg/m³	70°	100 °	
	50-minute	ppbv	57	81	
Total Volatile Organic	8-hour	μg/m³	200 ^b	600 ^b	
Compounds (TVOC)		ppbv	87	261	
Radon (Rn)	8-hour	Bq/m ³	150 ^g	167 °	
Airborne Bacteria	8-hour	cfu/m ³	500 ^{h,i}	1,000 ^{h,i}	
Mould			Assessment in form of prescriptive checklist in Annex 3 ^j		

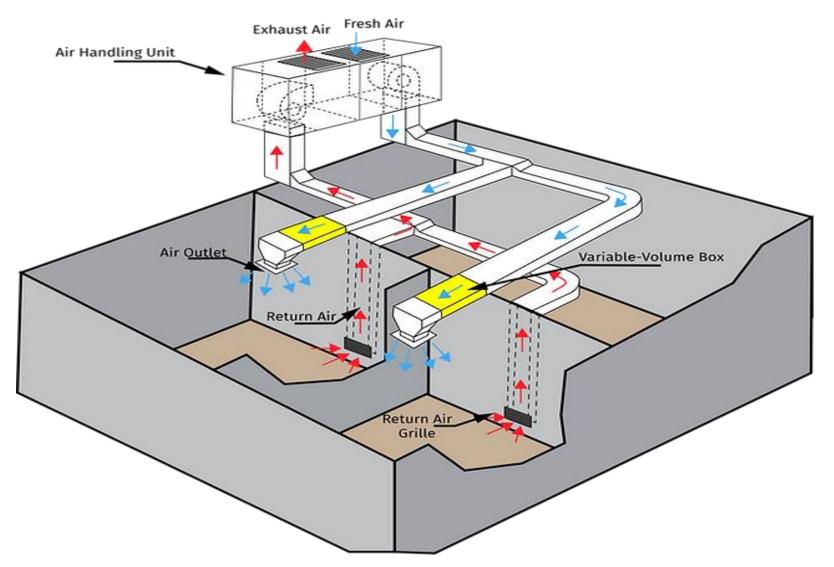
Ref: Hong Kong Guide on Indoor Air Quality Certification Scheme

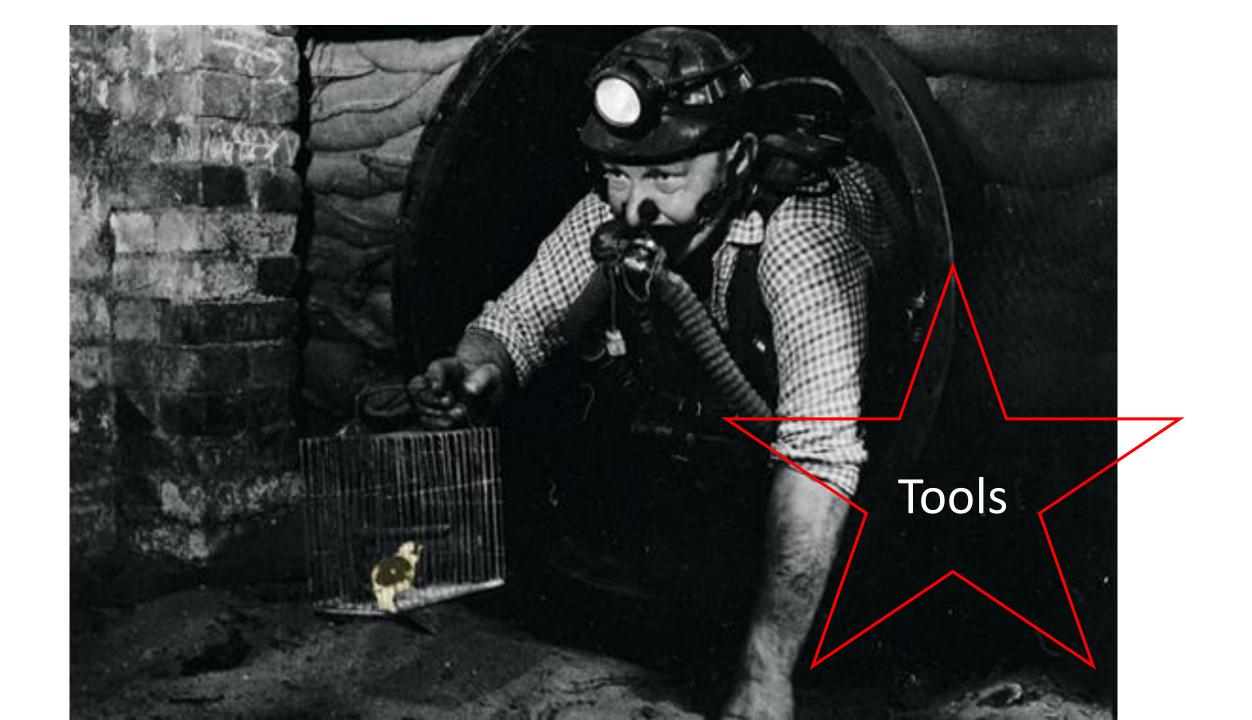


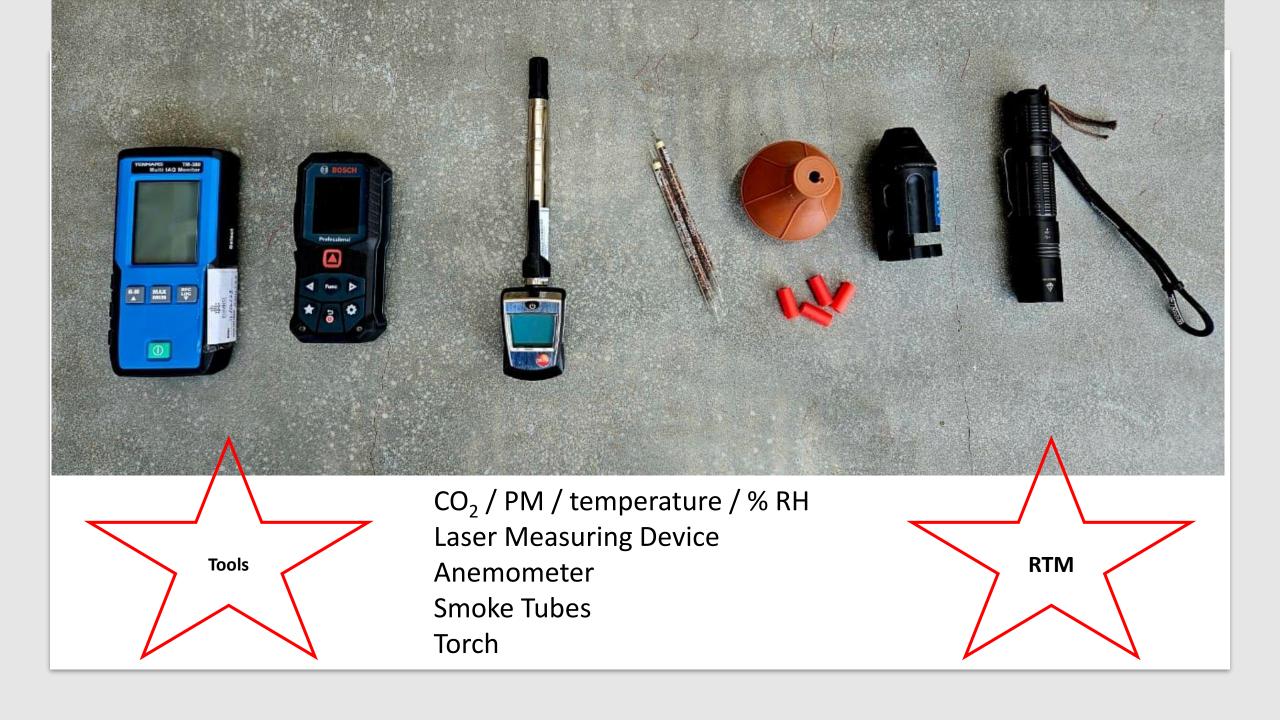
Site Risk Assessment: Understanding the AHU



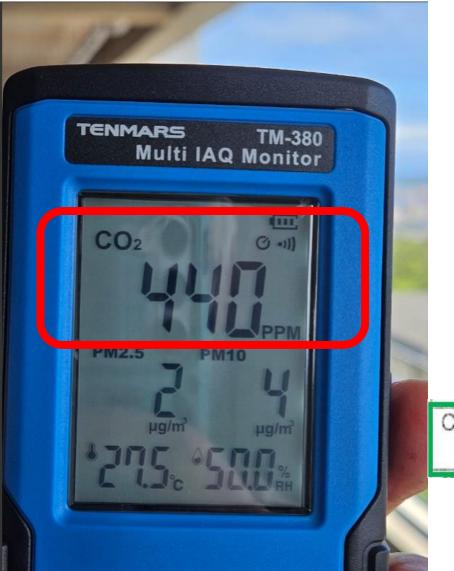
Site Risk Assessment: Understanding the AHU

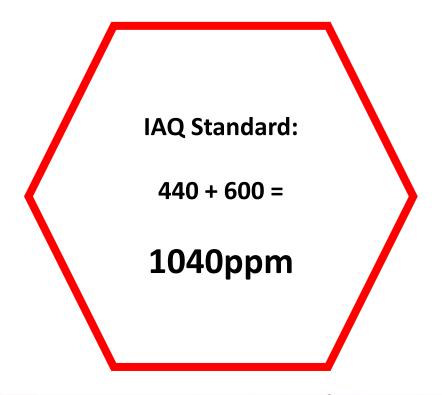






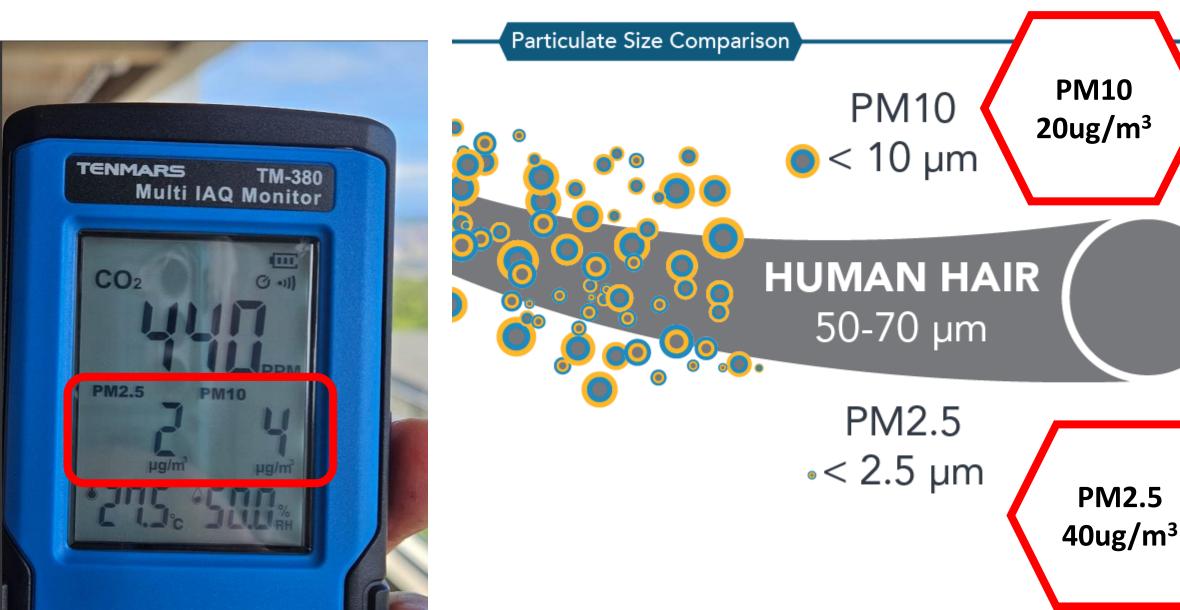
OHS Conference IAQ Standard (CO₂)





Carbon Dioxide Not exceed the outdoor concentration Parts per million (ppm) by more than 600ppm

OHS Conference IAQ Standards (PM10 and PM2.5)



Usefulness of PM Results = FILTRATION!





CO₂ and Risk Assessment

The lower the CO₂ and PM concentrations, the lower the IAQ Risk

CO₂ as an (INDIRECT) proxy for determining the ventilation rate of an occupied building

PM – Outdoor pollution levels – test effectiveness of the AHU filtration efficiency



CO₂ as a direct pollutant – Health Effects

Building a business case for economic impacts

2000-3000 ppm	Restrictive lung behaviour and elevated blood CO ₂	3 hours
2000 ppm	Kidney effects in animals (likely calcification) - incomplete study	Chronic
1900 ppm	Reduced sleep quality, drowsiness	8 hours
1400-3000	Significant impairment of cognitive function	2.5 to 8
ppm	including fatigue	hours
1200 ppm	Reduced cognitive function	2.5 hours
1000 ppm	Harmful changes in respiration, circulation, and the cerebral cortex	A short time



Site Risk Assessment: Basic RA Process for Conferences

Monitor the outdoor concentrations of CO₂ and PM

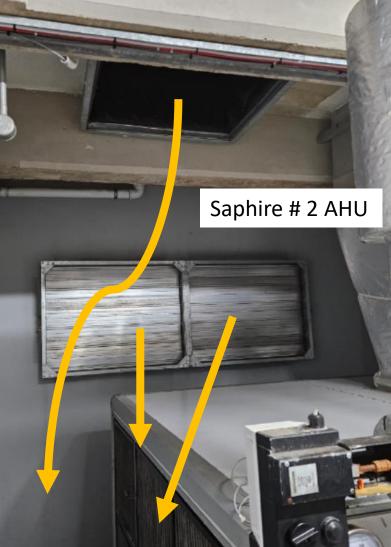
Inspect the key HVAC Components

Real-Time (Roving) Monitoring on site

Site Risk Assessment

Inspect the key HVAC Components (AHU, Filters, Outdoor Air Intakes, Return Air Ducts and Supply Diffusers)

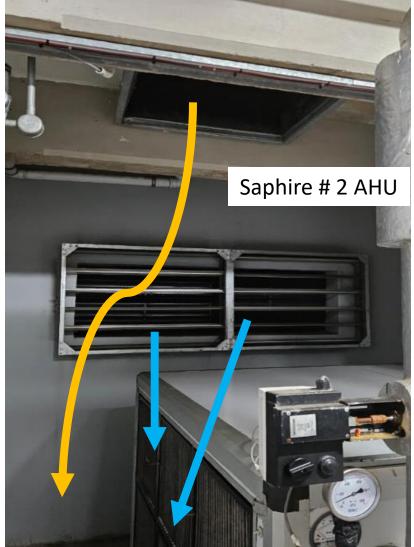




Site Risk Assessment

Inspect the key HVAC Components (AHU, Filters, Outdoor Air Intakes, Return Air Ducts and Supply Diffusers)





Site Risk Assessment: Intake plenums adjustment

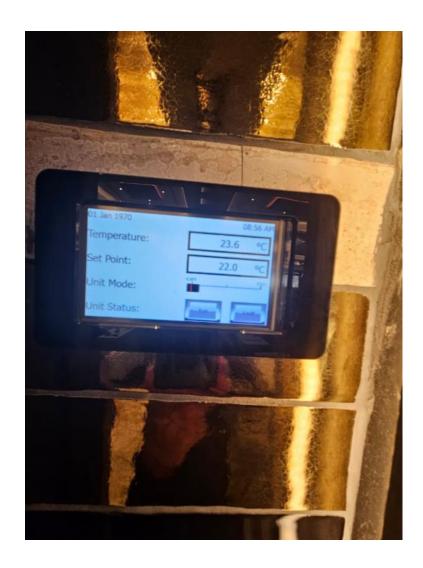




330ppm reduction - Compliant

Site Risk Assessment: Control units – Operators are everywhere!







Site Risk Assessment: Control units – should be locked!



350 ppm reduction - Compliant

Looking at solutions:

- Must be energy conscious BUT recognize that ventilation is Safety Critical Equipment
- Restore HVAC to original design
- Remove obstructions and short circuits
- Promote cross ventilation
- Educate and influence AC Technicians,
 Maintenance and Facilities Managers
- RT Monitor Outdoor and system CO₂ and PM



There is a huge opportunity for integrated partnerships in this space



This is to confirm that:

Department of Employment and Labour

OHS Conference 2023 Coastlands Hotel, Musgrave, Durban

Was monitored on the 07 - 09 November 2023

Apex Solutions

Inspector:	Approved Supplier
Sean Chester ID: SM01	Apex Solutions https://apexsolutions.africa info@apexsolutions.co.za

and is hereby deemed **COMPLIANT** with the GreenFlag Association's certification criteria to provide a healthy public space that significantly mitigates the risk of spreading airborne pathogens like COVID-19, through implementing the following key barriers:

Management Systems / Ventilation / Social Distancing / Occupancy Rates /
Mask Use / Disinfection & Sanitisation





er Greenfleg Association has confirmed the above information, for flighted perfillication and sharing by PrivySeal Limited, at 23.26 PM (Ahmai Johannesburg) on 36 Nov 2521

Certificate Number: AGFS39

Expiry Date: 9 November 2024 The GreenFlag Association info@greenflagassociation.com www.greenflagassociation.com

issued by:

Congratulations to the DEL managing and sharing!



Thank You!





Mr. Sean Chester Exposure Specialist



"Choose a job you love, and you will never have to work a day in your life" - Confucius

